

What is High Blood Pressure?

Blood pressure is the force with which blood moves through vessels called arteries. Blood moves through these vessels from the heart throughout the rest of the body.

When blood pressure increases for long periods of time it can cause damage to important organs such as the heart, kidneys and brain.

WARNING SIGNS

Chest Pains

Confusion

Headaches

Ear Noise or Buzzing

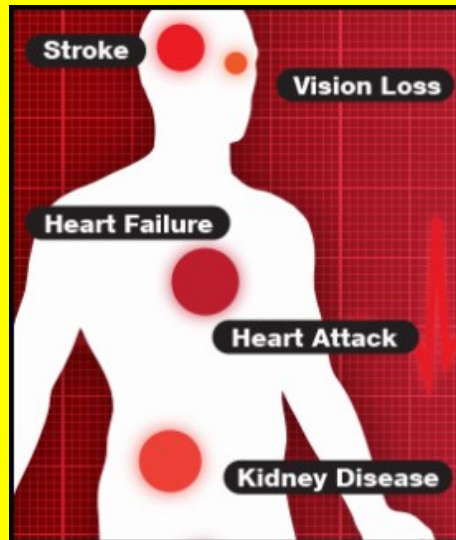
Irregular Heartbeat

Nosebleeds

Tiredness

Vision Changes

Complications



Source: Heart.org

How can I find out if I have High Blood Pressure?

What are some causes of High Blood Pressure ?

Can High Blood Pressure be treated?



What are the complications of having High Blood Pressure?

Do I need medication?

Am I correctly using my medication?

Where can I find out more information about managing my Blood Pressure?